

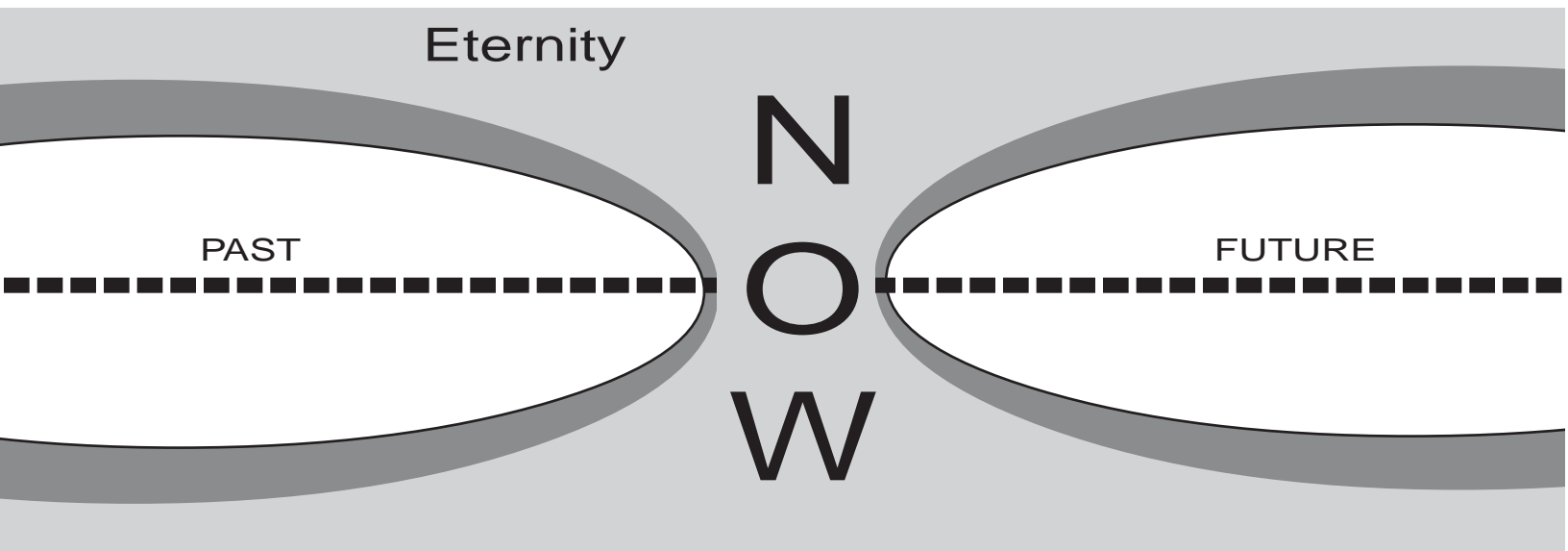
# "Making Room for Miracles"



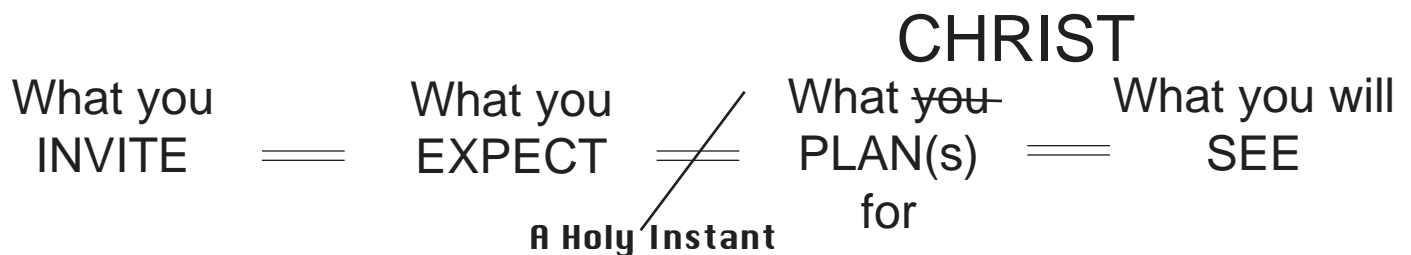
## Making Miracles #103 The HOLY INSTANT

The Holy Instant is literally a mini-meditation, a moment in time used to step back from the appearance of danger in whatever form and step INTO the moment...the NOW...and in that stepping back (or out of time), the past and the future are "disconnected" creating an opening for grace.

The future is NOT created by the past. The past is gone...only its "scars" remain...and holding onto them is OUR CHOICE...in each and every instant of time. The future is created in the NOW...invite God into it, and the future is in HIS hands...and is automatically BETTER than any "plan" for your salvation from the danger before you that YOU could have imagined before.



This formula from the Course is the "Secret of the Ages" sought by philosophers throughout history. This ONE Law of Mind shapes whatever we receive in life. Accept THIS, and YOU begin to BE the SOURCE of the world that you see...in this does our only hope rest:



In the Holy Instant, PRACTICE letting go of your littleness...your sense of what is possible and impossible for you ALONE to do...choose to be alone in any situation, and you are. Choose to invite your "guest," the Christ in you, and you are allowing the Power and the Wisdom of the Universe to handle your situation...Divinely. This is how the Christ can come through you into the world. He brings miracles of happiness beyond your fondest dreams...by a hundred times.

*This is the key to living the Happy Dream.*